

Highlights of 2020 EGR High School MiPHY

The MiPHY (Michigan Profile for Healthy Youth) Survey was administered by the EGR School District and CAC in early February to 7th, 9th and 11th graders. There are hundreds of questions that, while very interesting reading 😊, are overwhelming to decipher. **Following is a brief list of highlights as noted by CAC:**

Numbers are reported as “Freshmen/Juniors.”

Comparison numbers (in parentheses) refer to survey results from 2 years ago.

MS indicates the Middle School results.

B/G refers to the Boy/Girl split.

Alcohol

Ever drank alcohol: 23%/60% (22%/59%)

First drink (more than a few sips) at age:

9th – age 12.7 (13.5)

11th – age 14.7 (14.9)

This is the “age of on-set,” and the higher (older) this number, the better. Many issues with addiction are significantly improved as this age increases.

One drink in last 30 days: 9%/42% (10%/36%)

Have ever been drunk: 7%/51% (14%/48%)

First drunk at age:

9th – age 13.5 (14.0)

11th – age 15.0 (15.3)

Reported drinking 5+ drinks in a row (4+ for females) within a couple hours in the past 30 days: 4%/31% (4%/24%)

Reported drinking 1+ drinks on school property in the past 30 days: 1% (0)

Among those students who drank recently, alcohol was obtained by...

Giving someone else money to buy it: 0%/46% (17%/38%)

Someone giving it to them: 45%/37% (57%/30%)

Taking it from a family member: 45%/7% (17%/17%)

Taking/stealing from store: 0% (2%)

Among those students who drank recently, they...

Drank at home: 60%/12% (23%/25%)

Drank at someone else's home: 40%/87% (68%/74%)

Rode in a car/other vehicle, in the last 30 days, driven by someone who had been drinking: 15%/7% (13%/14%)

Drove a car/other vehicle, in the last 30 days, when they had been drinking: 1(0) individual 9th grader, 5(14) individual 11th graders

Percentage of students who reported having 5+ drinks of alcohol once or twice each weekend to be a moderate or great risk: 80%/68% (81%/79%)

Percentage of students who reported their parents or other adults ever talked with them about what they expected them to do or not to do when it comes to alcohol or other drug use: 80%/86% (82%/90%)

Tobacco

Ever smoked: 5%/18% (6%/29%)

Age of first use: 14.2 (14.8)

Electronic vapor product last 30 days: 6%/26% (16%/39%)

Paraphernalia most often borrowed – yuck! ☹️ Canker sores

Marijuana

Ever tried: 4%/40% (6%/35%)

First use:

9th – age 13.7 (13.9)

11th – age 15.3 (15.3)

Used it in the last 30 days: 2%/18% (4%/18%)

Ever used synthetic marijuana: 3%/7% (3%/5%)

Students who were offered, sold or given an illegal drug by someone on school property in the past 12 months: 10%/11%

Other Drugs

Took Rx drugs that were not prescribed to them – 4%/3%

Safety

Texted or emailed while driving a car/other vehicle: 30%/70% (30%/75%)
Did something to purposely hurt themselves without wanting to die, such as cutting, during the last 12 months – 13%/13%

Gambling

Made bets in the last 30 days – 18%/21%

Bullying

Bullied on school property in the past 12 months: 17%/15%, B/G – 18%/14%
(25%/17%, B/G – 24%/18%)

Bullied electronically in the past 12 months: 10%/11%, B/G – 14%/7%
(17%/13%, B/G – 16%/15%)

Suicide - part of HS survey only

Seriously considered attempting it during the past 12 months: 13%/15%, B/G – 12%/16% (11%/18%, B/G – 10%/19%)

Felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months: 25%/35%, B/G – 25%/35% (21%/37%, B/G – 21%/35%)

Other Topics Covered in the Survey

Student Demographics

Norms/Perceptions/Attitudes

Prosocial Involvement

Family Life

Commitment to School

Danger and Violence/Weapons

Other Drugs/Rx Drugs

Sexual Behavior – part of HS survey only

Relationship Violence – part of HS survey only

Physical Health/Weight/Nutrition

Physical Activity - Play on any sports team: 77%/72%, B/G – 78%/71%
(82%/72%, B/G – 80%/75%)